

**HealthBoss**  
**University LIVE 6/11**



**HEALTH INDEPENDENCE**  
Training for  
**HOME HEALERS**

**RELEASE #4 (pp. 11-13)**

**90%+ Permanent Success with  
Neuropathies and Arthritis**

**Workshop — June 4, 2011**

**Dr. Don Snow, DAOM, MPH, L.Ac.**



## Foreword

Dear Community!

Below you will find my hand-written Notes from **HealthBoss University LIVE 6/11** event that took place June 3-5, 2011 in Austin, TX.

These are the notes that I made for my own presentations, as well as the ones I took listening to other Practical Professors. **THEY WERE NEVER MEANT AS PUBLIC**, so do not expect any "academic" presentation 😊 And yet, they will give you a good "starting point", an overview of what was presented at the event, as well as the reference points and "memory joggers" in the future

(at least that's how I use them).

Why am I making them public now? There are several reasons.

1. The world is changing fast, along with every field of human experience – including Health Science (thank Goodness). And what is emerging on a horizon is a new system of Health Care based on **Self-Care**. We called it the **Home Healer** movement.

The new health care model is all about YOU declaring your **Health INDEPENDENCE** and taking responsibility for your own health, at the same time taking back CONTROL and POWER that you didn't have for quite some time.

Yes, sounds good, but how and where do you get enough **KNOWLEDGE** to become health independent? Where do you find enough health CONFIDENCE and COMPETENCE?

At the **HealthBoss University**, where else?! 😊

I am sharing with you my Notes to show that even the most complicated health topics can be made simple and fun, and that the health science does not necessarily have to be a "rocket science" or a "brain surgery" (actually, I hope you will never see what brain surgery actually looks like; you would be surprised...) 😊

Your body has a very intuitive and comprehensive design – and as soon as you understand how it works, it is easy to make sensible and confident choices in maintaining the "most valuable instrument that you will ever own"— your Body. I wish my Notes would help you do just that.

2. I think the information given at the HealthBoss LIVE 6/11 was **priceless** – and there are very little chances you can get most of it anywhere else.

Yes, we are making this information available on DVDs, but what if you cannot afford them? With my Notes, you will at least have some guidelines to follow, and some food for thoughts. I hope these thoughts will ignite your curiosity – and in the process of satisfying it you will have your own "AHA!" moments, which feel soooo good 😊

3. I also hope that my Notes will give you enough information and encouragement, and you will NOT feel like **Helpless Hopeless Worthless Victim** any longer when your health is concerned. As our Practical Professors will show, you really CAN reverse even the most debilitating disorders; you really CAN be Your Own Health Boss!

**Home Healers, it's YOUR Time.**

To Your Health Independence,

Dr. Irina

44

Feb 2 Live 6/11

# Day 2

Part 1

Dr. Don Snow

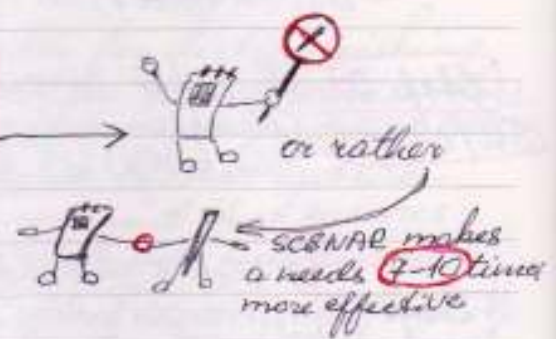
90%+ permanent success rate with Neuropathies & Arthritis

Does not take patients with < 50% relief on 1st visit (usually has 80-100% relief) ← no hope for permanent success

- Uses:
- acupuncture
  - SCENAR/COSMODIC ← even w/ asthma or AME
  - pachi-pachi
  - MET (microcurrent) ← elect. therapy

SCENAR is an acupuncture without a needle

With SCENAR Dr. Snow's practice increased efficiency by 30%



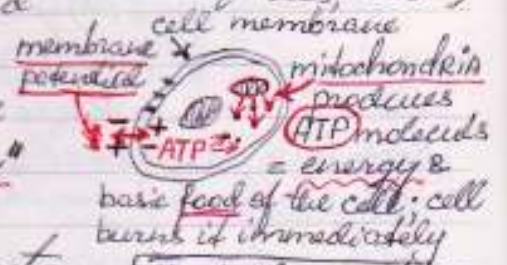
## CHI (Qi)

Oriental medicine was academic for 2,000 years.

Chi is generated by internal organs (but chi was NOT explained)

Each organ generates Chi - & balances itself → then chi flows to periphery (fingers, wrists, toes, nose) along meridians (could be found by chi-meters)

As per Dr. Snow "CHI = cumulative cell membrane potential of the body"



Electricity = flow of electrons (negative charges) within a conductor

Tissues of highest density - kidneys, liver, etc. accumulate the highest el. gradient → that then flows to periphery



Just like a city

Acupoints = transformers, step-up stations on the way

Just like with power lines, some acupoints are "switching stations" & can affect pain even distantly.

**Neuropathies**

can be caused by Lipitor (side-effect)

- Diabetic npt is the earliest <sup>always bi-lateral!</sup> And both sides respond to 1-side therapy
- Chemotherapy npt is the most difficult (never got 100%)
- Agent orange, idiopathic npt - good treatment is very time-consuming - train your staff

Usually takes **9-15** sessions for a good relief, but much longer for actual HEALING & stay permanent. (need follow ups)

**Some Q & A's notes:**

**Sore spots on your body = stagnated CHI**

- chiropractic + acupuncture are a good fit but do chiro BEFORE (30 min apart) acupuncture - which will stabilize the chiro result. AHA! (just like in SCENAR-therapy)

Open them up!

Always look for sore spots!

find & TREAT a sore spot - don't go for a "cook-book medicine" (recipes for various problems)

**Pachi** - aligns molecules in the same direction (one-way electrical current)

**Piezo** - if you do not have Pachi (you have to touch to ground) you will be "shocked" AHA!!!

↓ S-R + Pachi ≈ 100% results, alone - SCENAR works better 30-50%

3 needles at the same time: by +, - & ground (device) - then switch



**Motor points:** overstrained muscle shuts off & can stay this way for years. Other muscles take its role BUT! They are not designed 4 it -> neck & shoulder problems etc. It can be reactivated through HP (needle preferred)

**Arthritis**

RA is more stubborn

The easiest to treat is OA (which reacts to cold)

= entrapped patagon weather

Use mixa (heating up a needle or a point) + SCENAR SCENAR will NOT find asymmetries right away

[the body does not see a problem] - that's why you have a problem.

**Treat TWICE** - first just seen around, then work on asymmetries that will appear

SR is better do start than CS (first week) or SR + CS simultaneously

13

Dr. Snow's methodology is PROPRIETARYSCENAR for neuropathy:

Dr. Snow's pick - 705 (due to a convenient size)  
 735 is too big, 605 too small. He just wishes 705  
 would have ~~SC~~ SC

CS can do what SC can do; just takes longer,  
 But! SC cannot do what CS can do.

605 is THE best for musculo-skeletal problems.

Everything in Dr. Snow's clinic is treated the same way:  
 He finds the problem - He treats the problem.  
 No cook-book. (on a cell level)

(On a cellular level we are all similar, & our bodies  
 operate the same way - ALWAYS LOOK FOR A SORE SPOT =  
 = asymmetry.)

On nutrition: many Dr's are supplement-pushers.  
 If a supplement didn't help within 3-5 days  
 it is NOT your supplement. (as a rule)

Chinese herbology is pattern-based (individualized)

Treating neuropathy: NPT is not damaged nerves; it's <sup>(magnified)</sup> confused nerves

- 1) Start pressing on the areas higher than neuropathy  
 (Chi is stuck there → you need to open the points to  
 let Chi flow to hands/feet) - take your time.
- 2) Mark sore spots w/ pen. [Don't ice burning NPT - heat it]
- 3) Put needles (if you know acupuncture) - or Piero  
 (Don't let it burn; burn is evil ☹️)
- 4) Use pachi-pachi in series of 3 needles,  
 to "zap" the area
- 5) Use SCENAR-COSMODIC to find the most active  
 spot (highest bar in auto mode) - 2 Dose Repeat  
3 times. ↑ found it - stay on it 2  
Dose
- 6) Go all the way round × 3, then between toes  
 (if still numb - you missed asymmetry); then
- 6) On first procedure - treat the area with symptoms;  
 on 3-4th - do 3P6P (the problem may be elsewhere)

I hope you enjoyed my Notes—and found something in them that may positively affect your life and the lives of your loved ones.

Please leave me your **FEEDBACK** on the blog at [www.HomeHealerToday.com](http://www.HomeHealerToday.com)

I would REALLY like to know what you think.

Thank You for being a part of my Community of **Home Healers**.  
Let's grow it together! :-)

To Your Health Independence,

*Dr. Irina*

A handwritten signature in black ink, appearing to be 'Dr. Irina', written in a cursive style.